



## **Recipe: Savory Chicken**

### Ingredients:

- \* 2 tbsp extra virgin olive oil
- \* 1 tsp garlic powder
- \* 1 medium red onion, cut into 6 wedges
- \* 6 boneless, skinless chicken breasts
- \* 1 (10 oz) package frozen whole green beans

### Directions:

In a large skillet, heat olive oil and garlic powder. Add onion and sauté for 5 minutes. Remove from heat; keep warm.

Put chicken in the skillet; cook on medium heat, turning once, until lightly browned (10-12 minutes); remove from skillet; keep warm.

Place onion and green beans in the skillet; cover; keep cooking, stirring occasionally, until beans are crispy tender (7 minutes); return chicken to skillet. Continue cooking, stirring occasionally, until heated (2 minutes).

Serve immediately. Enjoy!